## Chain of Survival

After suffering from a cardiac arrest, with each passing minute, a casualty's chance of survival diminishes roughly by 6-10%. The chain of survival is a series of actions, or links, that when put quickly in motion increase the odds of survival. If the chain is broken, or has a link missing, the odds of survival will be reduced.

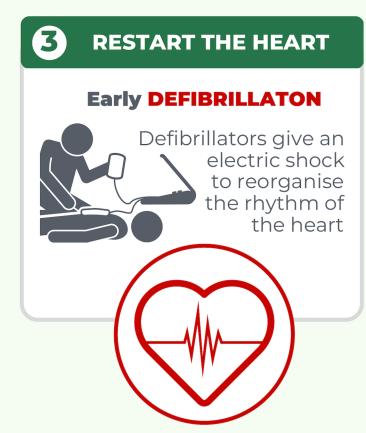


## **Early recognition and CALL for HELP**

Recognise those at risk of cardiac arrest and call for help in the hope that early treatment can prevent arrest.









## The Pulse



NORMAL MULTS 60 - 100 CHILDREN 90 - 110 RATES INFANTS 110 - 130

## The 3 main locations for a pulse for first-aid purposes:







First Aid is for Everyone



